

Date of Event: _____
 Patrol: _____

Patrol Menu Planning Sheet
 Patrol Cook: _____

Event: example Patrol Cook; remember to check for Dietary Food Restriction and/ or Food Allergies

	Saturday - Breakfast	Saturday - Lunch	Saturday - Dinner	Sat Evening Snack	Sunday - Breakfast
	Meal Restrictions / Allergies: 1. Peanuts or Peanut Butter 2. Other Nuts 3. 4.				
Drink(s)	1. Orange Juice 2. Milk	1. Capri Sun Juice Lemonade	1. Milk 2. Fruit Punch	1. Capri Sun Juice Lemonade	1. Orange Juice 2. Milk
Main Dish	1. Eggs in a bag; with or without Onions & bell peppers 2. Pre-cook Sausage	1. Sandwiches: Two per Scouts 2. Three slices of meat & one slice of cheese per person. a. Ham b. Turkey c. American Cheese 3. One Loaf Wheat Bread 4. One Loaf White Bread	1. Spaghetti 2. Per Cook Meat Balls 3. Small Jar of Sauce 4. Parmigianino Cheese	1. Popcorn in Pan One per every two Scouts 2. Extra Cookies & Raisins from Lunch	1. Cereal w/milk
Side Dish & Items	1. Oranges 2. Mini Bagels	1. Raisins: Individual small boxes 2. Chips: Multi Selection Package 3. Mini Cookie Packages	1. Garlic Bread		1. Oranges 2. Mini Bagels
Items Required to Complete Meal	1. Salt, Pepper & Seasonings 2. Butter for Bagels 3. Zip Lock Bags	1. Small Bottle Mayo 2. Small Bottle Mustard 3. Small Bag Lettuce 4. Two Tomato's 5. Zip Lock Bags if it is a traveling Lunch 6. Aluminum Foil for food prep	1. Seasonings 2. Butter or Olive Oil for Spaghetti 3. Large Cooking Zip Lock Bag for sauce		1. Butter for Bagels
Equipment Required to Complete Meal:	1. Chuck Box Equipment 2. Stove 3. Cutting Board 4. Utensils 5. Large Pot to boil Water 6. Griddle for Sausages	1. Chuck Box Equipment 2. Cutting Board 3. Utensils - Knife	1. Chuck Box Equipment 2. Stove 3. Cutting Board 4. Utensils 5. Large Pot to boil water 6. Medium Pot to boil water 6. Frying Pan for Meat Balls	1. Chuck Box Equipment 2. Stove	1. Chuck Box Equipment 2. Cutting Board 3. Utensils - Knife